

Fact sheet

Planned inspection program – health control plan

September 2022



A health control plan (HCP) identifies the hazards that present a risk to the health of workers and the measures used to control them. The HCP forms part of a site's safety management system.

The NSW Resources Regulator will conduct a program of planned inspections and targeted assessments of NSW mines will focus on the controls associated with the site HCP. The assessments will focus on the following work place circumstances and identified control measures:



Ambient workplace conditions

Conditions in the workplace such as heat, humidity and cold are managed by controls that include:

- work planning and monitoring,
- hydration of workers, and
- controlled environment for workers.



Ionising and non-ionising radiation

Worker exposure to ionising radiation, non-ionising radiation and electromagnetic radiation sources are controlled by:

- limiting exposure of workers,
- shielding, and
- access control procedures.

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Physical capacity limitations

Control systems are implemented to manage the capacity of workers to perform their work by being:

- alcohol and drug free,
- well rested, and
- physically capable for work tasks assigned.



Mental capacity limitations

Workers' mental health and their capacity for work are maintained by controls that include:

- employee assistance schemes, and
- mental health support systems.



Diseases, animals and insects

The risk of workers contracting a disease in the work place is controlled by:

- vaccination policies and programs.

The risk of workers being stung or bitten by animals or insects while at work is controlled by:

- animal and pest control,
- personal protective equipment (PPE), and
- emergency response procedures.



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Considerations

Mine operators should consider the above criteria as a minimum and ensure that such information is included within their health control plan, safety management system and associated documentation.

Other relevant publications by the NSW Resources Regulator:

Date published	Reference	Title
January 2018	Guide	Health control plan guide
January 2018	Tools	Health control plan tools
January 2018	Resources	Health control plan resources
January 2018	Fact sheets	Health control plan fact sheets

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